**Worksheet: Get ready for UCAS Discovery**

# Activity 1: Assessment

Which of the four mindsets do you identify with most? Tick one of the options below:

* I don’t know what I want to do after school or college
* I have a subject I want to study
* I have a career I want to do
* I want to know how to apply

The below statements are grouped into four categories: Pathway, Subject, Career, and Application. Start at the top and work your way down the list, ticking the statements that apply for you.

|  |  |
| --- | --- |
| Pathway | |
|  | I have explored university options, looking at the benefits of attending and how it would impact my career. |
|  | I know what qualifications are needed for the different industries/job roles I am considering. |
|  | I have explored apprenticeship options, looking at what employers hire within the industry I’m interested in and what benefits apprenticeships have. |
|  | I have spoken to a careers advisor to learn more about making an informed choice. |
|  | I understand the advantages of higher education. |
| Subject | |
|  | I have used the UCAS website to explore the subject guides to see what courses could lead to what industries. |
|  | I know what a placement year, sandwich course and foundation course are. |
|  | I have used Unibuddy to speak to people currently studying this course to find out their opinion, challenges and top tips. |
|  | I can explain where this course could take me in the future. |
|  | I have spoken to my teachers at school to gain their opinion on whether or not this course is right for me. |
| Career | |
|  | I know the difference between a campus and city university. |
|  | I can consider whether a campus or city university is right for me. |
|  | I know how far I want to be from my hometown. |
|  | I know if I want to be in a city, town or rural location. |
|  | I have watched university’s virtual tours or attended in person open days to see their facilities. |
| Application | |
|  | I can explain what a personal statement is. |
|  | I have a rough idea of the seven sections on a UCAS application. |
|  | I know the difference between a conditional and unconditional offer. |
|  | I know my target grades and have ensured they meet the entry requirements for the courses I want to apply to. |
|  | I have someone lined up to check my personal statement before I apply. |

# 

# Activity 2: Prioritise your goals

Using the table below, plan any organisations you know you want to speak to, what you want to ask them and how you want to record the information they provide you with. This may be a note on your phone, writing information down or something more elaborate. Whatever works best for you.

**Top tip:** Use the questions on the Mission Cards to help you think about the kinds of questions you’d like to ask.

|  |  |  |
| --- | --- | --- |
| **University** | | |
| Who I want to speak to… | What I want to ask… | How I will record information |
|  |  |  |
| **College** |  |  |
| Who I want to speak to… | What I want to ask… | How I will record information |
|  |  |  |
| **Employer** |  |  |
| Who I want to speak to… | What I want to ask… | How I will record information |
|  |  |  |

**Activity 3:**

Write your elevator pitch as if you were approaching a university or employer stand at a UCAS discovery event.

|  |  |
| --- | --- |
| **Area** | **Your elevator pitch** |
| Who you are | *Name, age* |
| Background | *Subjects studying, where* |
| Explain | *What has it got to do with them?* |
| Connect | *What you already know about them* |
| Ask | *What you’d like from them today* |
| Close | *How they can contact you* |

In groups of 4, practice your elevator pitch with three different people. Each time, ask them to leave their feedback below. If you are feeling confident, you can do this without reading from your worksheet!

|  |  |  |  |
| --- | --- | --- | --- |
|  | **First try** | **Second try** | **Third try** |
| What went well |  |  |  |
| What could be better |  |  |  |

In order to improve my confident introduction, I will…